

## Brant Arts Women's Health Team

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### Carolyn Whiskin

Carolyn Whiskin, BSc. Phm, graduated from the faculty of pharmacy at the University of Toronto in 1986. Carolyn practices pharmacy at Brant Arts Dispensary in Burlington, ON, where she runs a highly successful compounding service. Here, Carolyn specializes in arthritis, pain, smoking cessation, and most notably: women's health. She is a Certified Menopause Practitioner with the North American Menopause Society. Carolyn is also the director of pharmacy programs for the Charlton Centre for specialized treatment in Hamilton Ontario.

In addition to her busy practice, Carolyn helped to write the first year communications course for pharmacy students at U of T, has lectured at U of T, University of Waterloo and McMaster University. She has worked at St. Joseph's Hospital as the rheumatology pharmacist and at Mc Master University Medical Centre in Hamilton writing continuing education programs for pharmacists. She initiated the Pharmacist/Physician Collaboration Committee in Burlington and is a member of their Diabetes Collaborative Working Group.

As a motivational speaker, Carolyn gives lectures and workshops across Canada to physicians, pharmacists, nurses, family health teams and the public on various therapeutic topics and areas of personal growth. She has been a guest on radio and television.

Carolyn has won many awards including the national "Commitment to Care Award" in the area of patient care (2005).



### Kerry Roberts

Kerry Roberts graduated from the University of Brighton (England) in 1999. She has since practiced pharmacy in the Halton and Hamilton Regions for 14 years. She is currently a pharmacist at Brant Arts Dispensary in Burlington, where she runs a Women's Health and MedsCheck Program. Kerry specializes in various areas of pharmacy, such as diabetes, medication scheduling and education, compounding, and smoking cessation. She is a Certified Menopause Practitioner with the North American Menopause Society.

From 2001-2008, Kerry served as a teaching assistant for the University of Toronto's third and fourth year Pharmacy Practice courses. She participates in the development of continuing education courses for both pharmacists and physicians alike. Kerry sits on numerous committees with the Ontario College of pharmacists, where she is involved in the Quality Assurance Program for pharmacists.

Through her thorough MedsCheck Program at Brant Arts Dispensary, Kerry strives to make sure patients are well educated on numerous aspects of their medication regimen and medical conditions. She works together with her patients to ensure that they are optimizing their medications and supplements for overall better health and wellbeing.